



St Augustine's Way

"Dearly beloved, we ought, above all things, to love Almighty God and then our neighbour."

The Rule of St Augustine, Section 1, Hippo, North Africa, 423AD.

The purpose of *St Augustine's Way* is to support an intentional community to live richer lives. Jesus said that he came that we might have more abundant life. *John 10:10*

As members of this community, we commit to:

1. Appreciating the creator of all.

- 1.1 Practicing being aware of the presence of God.
- 1.2 Being open to hearing and finding God.
- 1.3 Looking for ways to leave a light footprint in the earth's fragile environment.
- 1.4 Seeking wisdom about the creator from those who have gone before.

2. Appreciating my neighbours.

- 2.1 Finding ways to appreciate fellow 'pilgrims' on St Augustine's Way.
- 2.2 Making opportunities share our stories with each other.
- 2.3 Seeking opportunities to be a blessing to others, especially those who live near me.
- 2.4 Finding ways to come alongside people from different walks of life.
- 2.5 Keeping abreast of current world issues and find ways to engage with them.

3. Appreciating the quiet rhythm of life.

- 3.1 Every day setting aside time to remember God.
- 3.2 Making time to rest at the turning of the week.
- 3.3 Looking for ways to mark the four seasons.

As pilgrims on *St Augustine's Way*, we commit to supporting, encouraging and challenging fellow travellers through attending quarterly Pause on the Way 'moots', sharing our experiences and any resources which have helped our journeys.